Other healthcare services available to you and your whānau on the West Coast.

Healthline

Healthline provides 24 hour a day, 7 day a week, over the phone health service that you can call for free health advice, information and treatment from professional healthcare providers. Call Healthline anytime 0800 611 116

Emergency

In a medical emergency, dial 111 for an ambulance. A medical emergency includes chest pain or tightness, difficulty breathing, choking, severe bleeding or bleeding that won't stop, sudden weakness, difficulty talking, fainting or unconsciousness.

Ka Ora Telecare provides people living in, or visiting, the West Coast with a **quick and easy solution** to connect with a health care professional or **medical advice and treatment** at nights and on weekends.

Your GP or Medical Centre

If you are sick and it's not an emergency, you should visit your GP practice or medical centre. It's best to enrol with a GP if you are eligible for publicly funded primary health services. It costs nothing to enrol, you can find your local GP practice here **westcoasthealth.nz**

KA ORA
TELECARE
Healthcare from home

Health services on nights & weekends

After hours health services on the West Coast are provided by Ka Ora

How it works

The service is open 5pm to 8am (evening and overnight) on weekdays, and 24 hours on weekends and public holidays.

You can connect with the Ka Ora Telecare team by:

Calling 0800 2 KA ORA
(0800 252 672)

You will first be greeted by a Kaiāwhina or a Nurse. The team will assess your health needs, and you can either see a Doctor or Nurse directly or you may also choose to schedule an appointment for later.

Booking Online kaora.co.nz

This is available from 5pm to 10pm weekdays and 8am to 10pm weekends and public holidays.

By booking an appointment, you will have a specific appointment time to connect directly with the medical team over phone or video.

If you need an urgent appointment after 10pm, please call 0800 2 KA ORA to connect with the overnight team.

Who can use Ka Ora

Ka Ora is for everybody. You don't need to be a NZ citizen, resident of the West Coast, or enrolled with a West Coast Primary Care Practice to use the service.

If you are on the West Coast and need health care at night or on the weekends you can use Ka Ora. Interpreters are available.

Ka Ora Pricing

Kaiāwhina assessment and advice	**All AGES FREE**
Nurse assessment and advice	**All AGES FREE**
GP consultation **Under 14s**	**FREE**
GP consultation **Over 65s**	**$19.50**
GP consultation **Community services card**	**$19.50**
GP consultation adults **14 – 65 years**	**$50.00**